

to Hull and across to Bergen, instead of departing from London. This involves a shorter sea trip and longer rail journey on the other side.

The approximate fares for the journey (subject to alteration) are at present :—

	£	s.	d.	
<i>London to Stockholm via Harwich, Esbjerg to Copenhagen :</i>				
First class steamer, 2nd class rail ...	34	9	0	return
Third class	20	19	3	return
<i>London to Stockholm via Lloyd Steamship Co. :</i>				
Second Class	26	8	2	return
Third class	19	1	8	return
<i>Air Travel :</i>				
London to Stockholm (Journey approx. 8 hours.)	48	17	0	return

Hotel accommodation in Stockholm is very limited and the Swedish Nurses' Association are therefore kindly arranging for a number of nurses to be accommodated in schools of nursing, nurses' residences and hospitals. These will be of the dormitory type and a charge of approximately seven shillings will be made for bed and breakfast. Early applications for this should be made direct to :—

Miss Karin Elfverson,
Acting President, Swedish Nurses' Association,
Oestermalmstgaten 33,
Stockholm, Sweden.

The travel agents are :—

Messrs. J. W. Kearsley & Co. Ltd.,
Craigs Court House,
25, Whitehall, S.W.1.

who will arrange hotel accommodation if required, and help with passports. The present currency restriction allows for £35 to be taken out of the country from which accommodation will need to be paid. Travel charges will be paid separately in this country.

EXCHANGE VISIT OF BRITISH NURSES TO DENMARK.

Having read in the April issue of THE BRITISH JOURNAL OF NURSING that negotiations were in process between the Danish Council of Nurses and the National Council of Nurses of Great Britain and Northern Ireland regarding a holiday exchange between British and Danish Nurses, I immediately made application to join the party, hoping to be one of the fortunate nurses.

After much exciting correspondence and preparations over passport and travel routes, etc., I set out on Saturday, June 19th to join the party of twenty-four British Nurses bound for Copenhagen.

As we collected for the morning boat train to Harwich, we were able to recognise one another, having met the previous afternoon at the Forum Club, at a tea-party kindly given by Miss Bridges, R.R.C., S.R.N., S.C.M., Executive Secretary to the International Council of Nurses. This was greatly appreciated as few had met before, and several nurses came from widely separated parts—Somerset, Scotland and Northern Ireland being the furthest afield.

At first the weather was dull, but soon after leaving Harwich on the "Parkstone," a comfortable Danish boat, the sun began to shine and we had a most enjoyable crossing, arriving at Esbjerg twenty-four hours later, all looking much refreshed by the sea air and a comfortable night in our sleeping berths.

After passing the customs our journey continued by train across Jutland, passing over the Little Belt by the famous bridge to Funen, and thence across the Great Belt by auto-ferry to Zealand arriving at Copenhagen about 8 p.m. on Sunday evening. Here we were met

by Miss Zanganberg of the Danish Council of Nurses, and taken by coach to our destination at Krogerup Højskole, about an hour's drive along the lovely coast road north of Copenhagen.

Miss Brock, also of the Danish Council of Nurses, was there to receive us with several Danish nurses, and others from Norway, Sweden and Switzerland.

A full and varied programme of visits, lectures, sight-seeing, and pleasure excursions was planned giving a good insight into Danish life and culture.

The Central Hospital at Hillerød, a very modern hospital completed during the early part of the war, was full of interest, and we could well realise that there is no shortage of candidates for this particular training school; only those who have taken the pre-nursing course now given at certain of the Danish High Schools are accepted.

An extensive tour was also made of the Sanatorium at Avenstrup, in its beautiful surroundings, not far from Roskilde, where we also spent some time wandering round the wonderful cathedral.

On these visits we were entertained most generously and thoroughly enjoyed meeting some of the staff, many of whom we found had visited or worked in hospitals in this country in pre-war days.

At the end of the first week, Saturday 26th, being a free day a number of us decided to set out for a day in Sweden, crossing the Sound from Elsinore to Halsingborg, where a most interesting time was spent, one of the Swedish nurses taking us to visit a Day Nursery, a famous Art Gallery, a shopping expedition and finally tea in the Castle gardens overlooking the sea.

The second week brought many lovely excursions, one by motor boat to Elsinore and Kronberg Castle with associations of Hamlet; an evening picnic to an inn in one of the forests; and a bathing trip to Hornback.

The outstanding event was a day in Copenhagen, a lovely city, impressing the visitor with its bright and happy atmosphere. A morning of sightseeing culminated in a luncheon party at the Nurses' House, where the Danish Council of Nurses, under their Gracious President, Miss Madenson, gave us most generous hospitality, and again in the evening a most delightful dinner party at the National Scala Restaurant. All this despite the fact that for many things rationing is, if anything, more severe in Denmark than in this country.

At dusk, our steps wandered to the Tivoli, now a blaze of coloured lights and varied amusements.

Being a health visitor myself, it was of special interest when two of us set out one morning to join a Health Nurse in Copenhagen on her round of visits in the homes and calling at the Infant Welfare Clinic.

Everywhere we went doctors and nursing staff were most kind in discussing their work and answering our questions, and we all came away feeling this interchange of ideas most stimulating and helpful in broadening our outlook on present-day problems.

This memorable holiday ended with a very jolly garden party at Krogerup when our heartfelt thanks were expressed to our two hostesses, whose kindness and helpfulness added so much to our enjoyment.

W. L. O.

THE BRITISH COLLEGE OF NURSES, LTD.

As we go to press, a Meeting of the Council of the British College of Nurses, Ltd., is about to take place; the meeting will therefore be reported in the next issue of this Journal.

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